

Week 1						
		Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Main	Coconut chicken	Sausages	Jacket Potato	Beef Mince Pasta Bake	Fish Fingers
	Vegetarian /Option	Coconut Quorn	Quorn Sausages		Quorn Mince Pasta Bake	Oven Baked Chicken Pieces
	Served with	Wholegrain Rice	Mashed Potato Peas	Baked Beans Cheese		Boiled Potatoes Peas
Tea	Main	Lentil Casserole	Mixed Vegetable Pasta	Chicken Hot Pot	Spinach, Chickpea and Potato Curry	Cottage Pie
	Vegetarian /Option			Quorn Hot Pot		Quorn Pie
	Served with	Root Vegetables	Spinach	Root Vegetables	Basmati Rice	Mixed Vegetables

Week 2						
		Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Main	Fish Fingers	Roast Chicken	Beef Stir Fry	Spaghetti	Salmon Pasta
	Vegetarian /Option	Breaded Chicken	Roast Quorn	Quorn Stir Fry		Vegetable Pasta
	Served with	Boiled Potato Peas	Couscous, Carrot and Roast Tomato	Sweetcorn, Sugar Snap Peas, Noodles	Broccoli, Courgette and Tomato	Pepper, Spring Onion and Sweetcorn
Tea	Main	Sweet Potato and Vegetable Chili	Mixed Vegetable Curry	Sausage and Bean Casserole	Chicken Curry	Cottage Pie
	Vegetarian /Option			Quorn Sausage and Bean Casserole	Quorn Curry	Quorn Pie
	Vegetarian	Wholegrain Pitta	Wholegrain Rice	Tomato	Wholegrain Rice	Mixed Vegetables

Week 3						
		Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Main	Spaghetti and Meatballs	Mixed Bean Chili	Chicken and Sweetcorn Noodles	Jacket Potato	Fish Fingers
	Vegetarian	Spaghetti and Quorn Mince		Quorn and Sweetcorn Noodles		Breaded Chicken
	Served with	Spinach and Tomato	Wholegrain Rice	Spinach	Baked Beans Cheese	Boiled Potato Garden Peas
Tea	Nursery Tea	Chicken Hot Pot	Mixed Vegetable Pasta	Mixed Vegetable Curry	Sausage Hot Pot	Beef Lasagna
	ASC	Quorn Hot Pot			Quorn Hot Pot	Quorn Lasagna
	Vegetarian	Potato and Root Vegetables	Spinach	Wholegrain Rice	Beans and Tomato	Mixed Vegetables

Week 4						
		Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Main	Spinach, Chickpea and Potato Curry	Spaghetti Bolognese	Sweet and Sour Chicken	Breaded Chicken	Sausage Pasta Bake
	Vegetarian /Option		Quorn Bolognese	Sweet and Sour Quorn	Breaded Quorn	Quorn Pasta Bake
	Served with	Wholegrain Rice	Spinach	Sweetcorn, Sugar Snap Peas, Noodles	Couscous Mixed Vegetables	Pepper and Sweetcorn
Tea	Main	Mixed Vegetable Pasta	Bean and Tomato Stew	Beef Casserole	Mixed Bean Chili	Fish Pie
	Vegetarian /Option			Quorn Casserole		Chicken Pie
	Served with	Spinach	Cous Cous	Root Vegetables	Wholegrain Rice	Mashed Potato Mixed Vegetables